

# Group Pineal Toning

A Free Community Outreach Program provided by  
Global Alliance for Balance and Healing



*Fourth Tuesday* of each month at 6:30pm

This program is facilitated each month by various members of the  
Global Alliance Healing Team  
August 24 with Karly Schmitt  
September 28 with Meg Bourget  
October 26 with Elizabeth Sullivan  
November 23 with Wendy McKenna  
December 28 with Karly Schmitt

*Global Alliance Center of Light and Learning*  
22720 El Camino Real, Suite C in Santa Margarita

Join us in learning about pineal toning and enjoy practicing with  
the group. You will discover your unique crystalline tone.  
Each evening begins with a relaxing meditation.  
No registration is required. Just show up!

Please visit the Global Alliance website for more information on pineal toning:  
[www.globalalliance.ws](http://www.globalalliance.ws)